

FoCUS **Forum of Carers and people** **who Use our Services**

The voice of people using mental
health, learning disability and
drug and alcohol services

For a better life

**Get
involved**



- Do you use any of the Trust's services?
- Do you care for someone who uses the Trust's services?

Joining our Forum of Carers and people who Use our Services (FoCUS) is one way of having your say about the way we do things and helping us improve services. There is the opportunity to meet up with other people who use services and carers and to get involved in our work.





You can become involved by:

- Joining FoCUS and receiving information and news about Trust services
- Attending meetings of your local area FoCUS group. The meetings are held in an open and accessible way - everyone is welcome. Travel expenses are paid at meetings or transport can be arranged. There are four area groups covering:
 - West Surrey & NE Hampshire
 - North West Surrey
 - South West Surrey
 - East & Mid Surrey
- Being elected as a FoCUS Representative and attending FoCUS Committee meetings with the Chief Executive and members of our Trust's Board.

Some of the things FoCUS has achieved are:

- Production and implementation of new standards for involving people
- Soundproofing of consultation rooms to ensure confidentiality
- Carers Charter
- New voicemail protocol
- Obtaining the right for people to request a change of psychiatrist
- Co-design of new welcome packs for community mental health recovery services.

FoCUS Joining Form

I would like to become a member of FoCUS

Title _____ First Name _____

Surname _____

Address _____

Postcode _____ Tel No. _____

Mobile/Text No. _____

Email Address _____

**Preferred means of communication to receive meeting papers,
news etc (please tick)**

Email Post

Signature _____ Date _____

The information you have given us will be kept confidential, and stored and used in accordance with the Data Protection Act 1998. The information will only be used in connection with your membership of FoCUS.

FOLD HERE

NO
STAMP
REQUIRED

Surrey Coalition of Disabled People
Freepost RTRR-GHXS-YHHZ
Astolat
Guildford
Surrey
GU4 7HL

We are independently supported


FoCUS is now organised and supported independently of our Trust. We want more people with experience of receiving the Trust's mental health, learning disability and drug & alcohol services and their families to become involved and have their say.

For more information

Please contact Carol Pearson at Surrey Coalition of Disabled People, who is working with NB Consultancy to provide independent administration and support for FoCUS:

Email: carol.pearson@surreycoalition.org.uk

Tel: 01483 456558 Text: 07780 933053

 www.facebook.com/FocusSurrey

www.surreycoalition.org.uk or visit www.sabp.nhs.uk/focus



If you would like this information in another format such as large print, Braille, easy read or another language please contact us on:

Tel: 01372 216285 email: communications@sabp.nhs.uk

Surrey and Borders Partnership NHS Foundation Trust
18 Mole Business Park, Leatherhead, Surrey KT22 7AD

Tel: 0300 55 55 222 Textphone: 020 8964 6326

www.sabp.nhs.uk

 @sabpnhs  facebook.com/sabpnhs