



We are independently supported

FoCUS is organised and supported independently of our Trust. We want more people with experience of receiving the Trust's mental health, learning disability and drug & alcohol services and their families to become involved and have their say.

For more information

Please Surrey Coalition of Disabled People, who provide independent administration and support for FoCUS:

Email: info@surreycoalition.org.uk

Tel: 01483 456558

SMS text: 07563 997 932

www.facebook.com/FoCUS.SABP [@FoCUS_SaBP](https://twitter.com/FoCUS_SaBP)

www.surreycoalition.org.uk or visit www.sabp.nhs.uk/focus

FOLD HERE

NO
STAMP
REQUIRED

Surrey Coalition of Disabled People
Freepost RTRR-GHXS-YHHZ
Astolat
Guildford
Surrey
GU4 7HL



If you would like this information in another format or another language:

Call: 01372 216285 Email: leaflets@sabp.nhs.uk

Surrey and Borders Partnership NHS Foundation Trust
18 Mole Business Park, Leatherhead, Surrey KT22 7AD

Tel: 0300 55 55 222 Textphone: 020 8964 6326

www.sabp.nhs.uk [@sabpnhs](https://twitter.com/sabpnhs)

www.facebook.com/sabpnhs

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FoCUS
Forum of Carers and people
who Use our Services

The voice of people using mental health, learning disability and drug and alcohol services

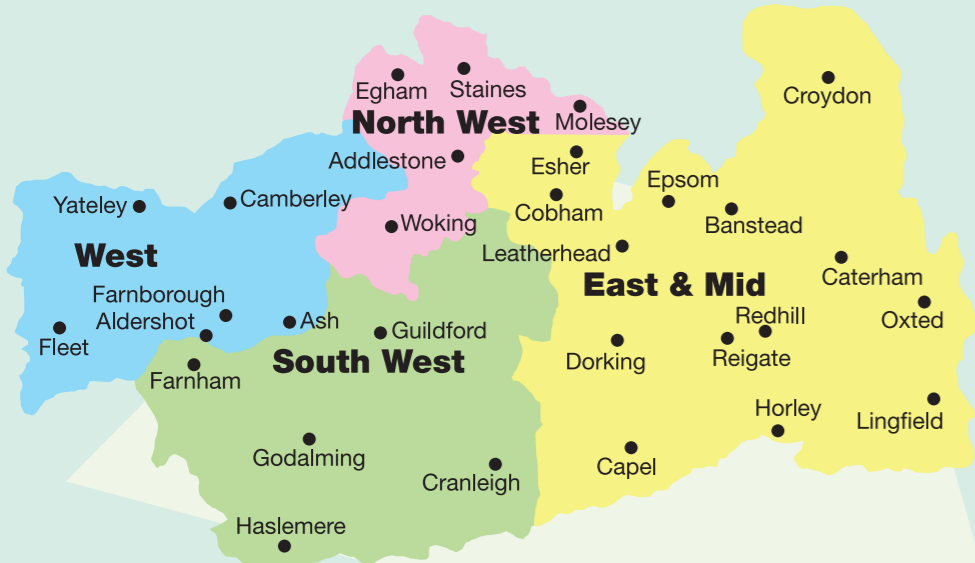
For a better life

**Get
involved**



- ▶ Do you use any of the Trust's services?
- ▶ Do you care for someone who uses the Trust's services?

Joining our Forum of Carers and people who Use our Services (FoCUS) is one way of having your say about the way we do things and helping us improve services. There is the opportunity to get involved in our work and meet other people who use services and carers.



You can become involved by:

- ▶ Joining FoCUS and receiving information and news about Trust services
- ▶ Attending meetings of your local area FoCUS group. The meetings are open and friendly - anyone is welcome. Travel expenses are paid at meetings or transport can be arranged. There are four area groups that each meet eight times per year. The areas are:
 - ▶ West Surrey & North East Hampshire
 - ▶ North West Surrey
 - ▶ South West Surrey
 - ▶ East & Mid Surrey
- ▶ Being elected as a FoCUS Representative and attending quarterly FoCUS Committee meetings with the Chief Executive and the Trust's directors.

Some of the things FoCUS has achieved are:

- ▶ Improvements to the STEPPS therapy programme and development of parallel training for carers to improve their understanding
- ▶ Working with staff to develop a new CMHRS discharge leaflet
- ▶ Issues raised regarding discharge from CMHRS prompted the Trust to undertake an audit checking compliance with standards for discharge
- ▶ Involvement in developing Single Point of Access for people in a crisis
- ▶ Fed back on accessible information policy, welcome packs, appointment letters and the smoking policy
- ▶ Raised accessibility issues at Farnham Road Hospital

FoCUS Joining Form

I would like to become a member of FoCUS

Title _____ First Name _____

Surname _____

Address _____

Postcode _____ Tel No. _____

Mobile/Text No. _____

Email Address _____

Where did you pick up this leaflet? _____

Preferred means of communication to receive meeting papers, news etc (please tick)

Email

Post

Signature _____ Date _____

The information you have given us will be kept confidential, and stored and used in accordance with the Data Protection Act 1998. The information will only be used in connection with your membership of FoCUS.