

# Surrey and Borders Partnership in 2016

## Spring

### Regional award for patient safety

Our Clinical Risk and Safety Team won the award for patient safety at the **Kent Surrey and Sussex Academic Health Science Network Awards** in January. The awards recognised the team's role as safety champions in the Trust and, in particular, the major changes and improvements they have facilitated in our reporting of, and learning from, serious incidents.



### NHS England grant for £5.2m dementia research project

In January we were awarded funding for a ground breaking technology trial which could transform the lives of people with dementia. Our Trust is leading a partnership of around 15 organisations in this two year project, exploring how a network of devices in the home could help monitor the health and wellbeing of people with the condition.

### Our CARE programme is two years old

We celebrated the second anniversary of our CARE programme with our CARE Day in February. We held Big CARE Time breaks for staff from around the Trust to get to know each other and share what CARE means to us.



### Staff who really CARE

Nurses, support workers, volunteers and corporate staff are among dedicated individuals and teams who picked up well deserved awards at our annual staff recognition awards scheme ceremony in March – which this year was renamed the CARE Awards in line with our CARE programme.



### Trust tops national league table for 'openness and transparency'

The Department of Health commended our Trust in March for 'outstanding levels of openness and transparency'. We were one of 18 NHS trusts, out of a total of 230, to receive the commendation in the new 'Learning from Mistakes League'. The league table is part of a new initiative by Health Secretary, Jeremy Hunt, to do more to improve the safety of people using NHS services. It is produced from an analysis of data from the NHS Staff Survey and information about safety incidents held by the National Patient Safety Agency.

## Summer

### New era for young people's mental health in Surrey

We launched our new Mindsight Surrey CAMHS service on 1<sup>st</sup> April with almost a 30% increase in funding. We are proud to be leading a partnership of providers and offering a wider range of services to local families via a new CAMHS One Stop call centre – which is now open for advice and referrals from 8am to 8pm Monday to Friday.

### HSJ Value in Healthcare Award for Aldershot Safe Haven



Our Safe Haven service in Aldershot - which we provide in partnership with NHS and third sector providers - won the mental health category of the **HSJ Value in Healthcare Awards** in May.

The evening and weekend mental health crisis service won for demonstrating its impact on reducing local A&E attendances and acute psychiatric admissions. It also has consistently high levels of satisfaction from people and has been an example of effective service co-design.

### HRH Princess Alexandra officially opens Farnham Road Hospital



HRH Princess Alexandra officially unveiled our new development at Farnham Road Hospital in April. The Princess toured the hospital and met with hospital patients, other people who use the Trust's services, carers and staff involved in the planning and construction of the new facility. HRH signed the hospital's new visitors' book and unveiled a commemorative plaque.

### Walking towards positive wellbeing



Over 150 people gathered in Painshill Park, Cobham, to join our seventh annual 5K Walk 4 Life for Mental Health Awareness Week. This year we teamed up with Elmbridge-based charity Wellness With A Goal (WWAG) to promote the benefits of physical activity for healthy mental wellbeing and challenge the stigma people often experience.

## Autumn

### National award for our Mind Matters and learning disability services

A partnership between our Mind Matters talking therapies service won the 'Diversity and Equality in Service Delivery' category at the **2016 Positive Practice in Mental Health Awards** for helping people with a learning disability access and complete a course of talking therapy. We co-hosted this year's event - at the HG Wells centre in Woking.



### Pioneering dementia study launches at University of Surrey



We began our search for 1400 people with dementia, and their carers, to take part in our study. The search kicked off with a launch event at the University of Surrey in September. The trial is the first of its kind in the UK and could transform the lives of people with dementia and their carers.

[For a better life](#)

### Jeremy Hunt MP visits CAMHS



Jeremy Hunt, MP for South West Surrey, paid a visit to our Guildford CAMHS team at Farnham Road Hospital, in October. He met with senior leaders and learnt about the new service launched in April. He said: "This is the kind of transformation I want to see everywhere – congratulations to all working on the project for such dedication and passion to make a difference".

### Recovery Colleges launch in Surrey

After the success of our first Recovery College in north east Hampshire last year, we launched our Surrey-wide prospectus in September 2016. Courses include Understanding Personality Disorder, Managing Intense Emotions and Wellness Recovery Action Plans for Carers.

### Taking to the streets about suicide



We marked Suicide Prevention Day by taking to local town centres to raise awareness of suicide and some of the help available.

## Winter

### Leaders recognised for promoting workplace equality

Our Chief Executive, Fiona Edwards, and Deputy Chief Executive, Jo Young, were named CEO of the Year and Quality Champion of the Year at the EMBRACE Awards in November. The awards are run by the national Health and Social Care Black and Minority Ethnic (BME) Network to recognise a public sector commitment to workplace equality.

### Commitment to involving carers

We are only one of 10 Trusts in the country to earn a second gold star under The Carer's Trust Triangle of Care programme – in recognition of our commitment to involving mental health carers in people's care and treatment

### Smoke free countdown starts

We marked this year's Stoptober by launching a one year countdown to becoming a smoke-free Trust. The move will bring us in line with NHS England guidance that all mental health trusts should be smoke-free by 2018. We have been engaging with people throughout the end of this year and will be publishing a strategy in 2017.

### Nurse training programme launches

We launched a new rotational training programme - which is believed to be a first of its kind in mental health nursing.

Emulating the style of training provided to junior doctors, nurses complete three six month placements. They work toward a set of specific competencies within each placement - working in inpatient, community and specialist services - to help them to stand out from the crowd when applying for their next job.

### Highly Commended at HSJ Awards



Our mobile device ChargeBoxes - which enable people to charge their phones independently on our inpatient wards - were Highly Commended at the HSJ Awards in November. The new technology helps people stay more connected with friends and family and reduces the time staff spend facilitating charging devices in the ward office.

### New Deacon Unit opens



We opened a new ten bedroom mental health unit at our St Ebbas site, Epsom, in December. The Deacon Unit is for people with a learning disability who are in a mental health crisis and is named after Joey Deacon who once lived at St Laurence's Hospital in Caterham and wrote a book about his experiences of living there.