

Want to know more about your medicines? Visit www.choiceandmedication.org/sabp

This website is for people who use our services, carers and healthcare professionals and has information on common mental illnesses, medication and side effects.

You can:

- search for information by condition or medication
- compare medications
- download printable leaflets about medicines

For more information...

Talk to your pharmacist. They are experts in medicines and will be able to talk to you confidentially about what you take. Their telephone number will be on your medicine's label.

Check if your local community pharmacy can help you. Many offer a range of services to support you with your medicines.