

Concerned about someone?

If you're supporting or caring for someone who has drug or alcohol problems, our Carers' Liaison Officer can help you. Please call 020 8541 7195 or 07891 848 679 for advice.

The following organisations can also help:

Families Anonymous: 0207 4984 680

Al-Anon & Alateen: 0800 0086 811

Adfam: www.adfam.org.uk

Useful contacts

Via: 020 7421 3100

www.viaorg.uk

SDAC - Surrey Drug and Alcohol Care:
0808 802 5000

DrinkCoach: www.drinkcoach.org.uk

Healthy Surrey: www.healthysurrey.org.uk

Drink Line: 0300 123 1110

Talk to Frank (24/7): 0300 123 6600

Alcoholics Anonymous: 0800 917 7650

Narcotics Anonymous: 0300 999 1212

Cocaine Anonymous: 0800 612 0225

Contact us

Our trained staff are available Monday – Friday, 9am – 5pm to take referrals or to give advice on drug and alcohol use.

Tel: 0300 222 5932

Email (confidential): rx.x.iaccess@nhs.net

Post: Laurel House, Farnham Road Hospital,
Farnham Road, Guildford GU2 7LX

Web: www.surreydrugandalcohol.com

✉ @iaccess_Surrey

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If you would like this information in another format or another language:

Tel: 01372 216285

email: leaflets@sabp.nhs.uk

Surrey and Borders Partnership
NHS Foundation Trust
18 Mole Business Park, Leatherhead,
Surrey KT22 7AD

Tel: 0300 55 55 222

For information on how to access our
Textphone service, please visit
www.sabp.nhs.uk/contact
www.sabp.nhs.uk

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i-access
Drug & Alcohol Services



**Drug and
alcohol help
in Surrey**

NHS
Surrey and Borders
Partnership
NHS Foundation Trust

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SURREY
COUNTY COUNCIL



About us

We offer specialist assessment, support and treatment to people in Surrey who want help with problematic drug and/or alcohol use.

We do this in partnership with Via, a specialist non-profit organisation who work with people with issues arising from drug and alcohol use.

All staff are highly skilled and experienced at helping people affected by drug and alcohol use, their families and carers.

How to get help

You can refer yourself by phone (details on back page), in person or via our website. We also accept referrals from GPs and other referral agencies including social services, community mental health services, hospitals and probation services.

Getting in touch with us directly helps us to get to know you and understand your needs better from the beginning. We will write to your GP and keep them informed about your recovery care plan and progress and we have an obligation to tell them about any medication we prescribe for you.

When we receive your information, we review all your details and consider the next steps and what will work best for you. If our service isn't right for you, we'll refer you on to a service that we think will be able to help you.

How we can help

If our service is right for you, we'll offer you an appointment for an assessment. This may be by telephone or in person at one of our clinics in Surrey. Once this has taken place we will develop a personalised recovery care plan with you.

The services we offer include:

- One-to-one Sessions
- Peer Mentoring
- Recovery Support
- Pregnancy Support
- Home/Ambulatory and Inpatient Detoxification
- Needle Exchange
- Hepatitis B Vaccination and Hepatitis C Testing
- Support for dependent alcohol users who want to make some changes but do not wish to stop drinking

We offer a number of ways for you to meet your key worker, who helps facilitate your engagement and treatment:

- Face to face appointments at a location in Surrey
- Virtual Groups
- Video Calls
- Telephone Appointments

Group work including

- Relapse Prevention
- Health and Wellbeing
- Abstinence Preparation Group
- Recovery Café
- Non-abstinence Education Group
- Women's Group
- Self Management And Recovery Training (SMART)
- Alcohol Education Group
- Recovery Group Day Programme

AlcoholWise is a support programme run by the specialist team at i-access to help you cut down or feel more in control of your drinking. This could include up to six telephone-based support sessions to explore your goals for reducing your alcohol intake, help manage triggers, and develop strategies to manage cravings. Use the QR code below to complete a short AlcoholWise test. It includes some questions about how often and how much you drink, and will give you an indication of whether your drinking might be harmful.

