

## Contact

We run clinics across Surrey and North East Hampshire and you can contact us using the following details:

Surrey and North East Hampshire Autism and ADHD Service  
Farmside  
West Park Road  
Epsom  
Surrey  
KT19 8PB

Tel: 01372 205749

Email (Autism Referrals): [rxs.asdsurrey@nhs.net](mailto:rxs.asdsurrey@nhs.net)

Email (ADHD Referrals): [rxs.adhdsurrey@nhs.net](mailto:rxs.adhdsurrey@nhs.net)

If you would like this information in another format or another language:

Call: 01372 216285

Email: [leaflets@sabp.nhs.uk](mailto:leaflets@sabp.nhs.uk)

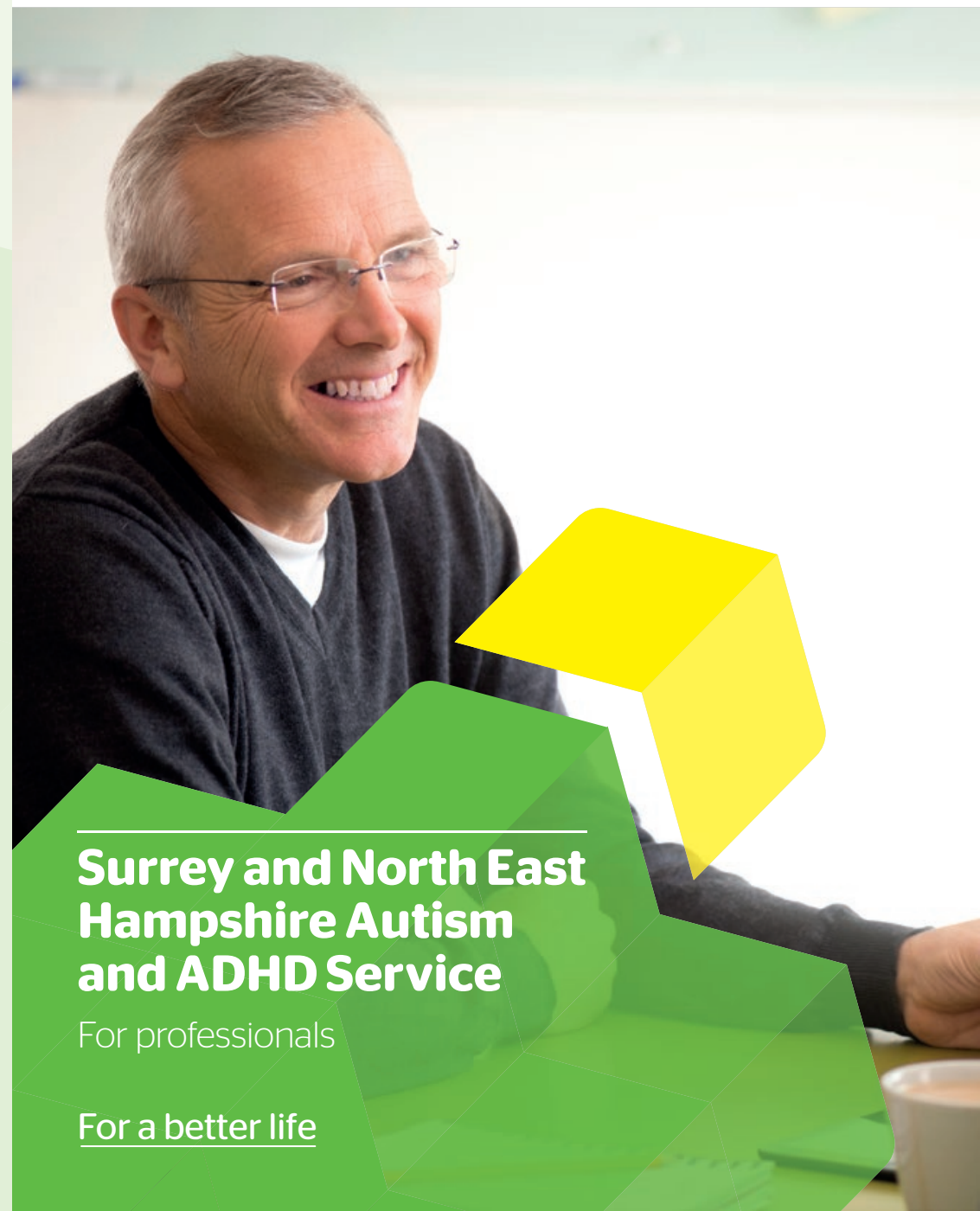
Surrey and Borders Partnership NHS Foundation Trust  
18 Mole Business Park, Leatherhead, Surrey KT22 7AD

Tel: 0300 55 55 222 Textphone: 020 8964 6326

[www.sabp.nhs.uk](http://www.sabp.nhs.uk)  [@sabpnhs](https://twitter.com/sabpnhs)

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## Surrey and North East Hampshire Autism and ADHD Service

For professionals

For a better life

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## About the Surrey and North East Hampshire Autism and ADHD Service

The Surrey and North East Hampshire Autism and ADHD Service, run by Surrey and Borders Partnership NHS Foundation Trust, provides diagnosis and support for adults with Autistic Spectrum Disorder (ASD) and Attention Deficit Hyperactivity Disorder (ADHD) across Surrey and North East Hampshire.

The service is available in areas served by the following Clinical Commissioning Groups: East Surrey, Guildford and Waverley, North East Hampshire and Farnham, North West Surrey, Surrey Downs and Surrey Heath.

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### About the ADHD service

People referred for ADHD assessments will be triaged by the specialist practitioner and, if appropriate, added to the waiting list. Along with their appointment letter, they will receive an Adult Connors test to complete.

A specialist ADHD practitioner or consultant psychiatrist will complete a face to face assessment. Following the assessment a further meeting will be arranged and available support will be discussed. Treatment options will be agreed and a detailed diagnosis report produced.

If a treatment option such as modified Cognitive Behavioural Therapy is considered helpful, a referral can be made through our internal service. This is a small, limited service and is likely to incur a lengthy waiting list.

If medication is prescribed, regular follow up meetings will be arranged to assess progress and to stabilise the dosage and under shared care agreement prescribing responsibilities will be transferred to primary care with continuing monitoring from the ADHD Service.

For complex or unclear diagnosis, discussions with the supervising consultant psychiatrist will take place and further investigations will be carried out. This may include discussions concerning medication and other treatments.

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### About the Autism service

People referred for autism assessments will be triaged by the specialist practitioner and, if appropriate, added to the waiting list. We aim to send a letter approximately six weeks before an appointment containing self completion tests. These tests are used by the practitioner to make an initial assessment. A diagnostic report is produced and discussed with the consultant psychiatrist.

If the diagnosis is unclear or complex a multi-disciplinary team will review the case and agree on a treatment path, or signpost to other services.

A diagnostic report detailing a range of strategies will be sent to the person and their GP.

We are able to offer a recovery college course on ASD for people with a recent diagnosis. We would also signpost to the relevant support agencies in the diagnostic report.

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### Making a referral

We accept referrals from health and social care professionals. If a young person is transitioning into adult services we will accept referrals from CAMHS teams at age 17.5. Referrals can be made via post or secure email, using the referral form which can be found on our website [www.sabp.nhs.uk](http://www.sabp.nhs.uk).

We will contact you following our screening process to let you know the outcome of the referral.